


Bundaberg Regional Suicide Prevention Network Resilience Forum

8:30-9:00	Registration
9:00-9:10	Welcome to country. Welcomes & introductions by M.C. Dave Facer (StandBy) , welcome keynote speakers
9:10 – 10:00	Alan Woodward (SPA) Alan has worked in the fields of mental health, crisis support and suicide prevention for 20 years as an executive leader, a service and program developer, communicator, researcher and an expert advisor to governments and communities. Now working independently, Alan worked for Lifeline Australia in various executive roles for 14 years until 2018 .Alan has made sector-wide contributions with Suicide Prevention Australia (SPA), the national peak association for those working in suicide prevention. He is a member of the NSW Mental Health Commission Community Advisory Council.
10:00-10:40	Morning tea *BYO* or gold coin donation
10:40-10:50	Louise Scanlan, Regional Adversity Integrated Care Clinician (TRAIC) Local up-date on services tackling regional adversity through early intervention programs, crisis support, recovery and suicide prevention networking.
10:50-11:10	Glen Wallwork, (WMQ) Manager of Suicide Prevention initiative “ Marcus Mission ”, Master of Suicidology, co-ordinates a team of Queensland-wide resilience building workshops for men aged 18-44 based on latest research initiatives, creator of mentoring programs for volunteers, and suicide prevention training for communities
11:10-11:25	Jon Morgan , creator of “ Marcus Mission ”, 20 years’ experience in Crisis Counselling, facilitates monthly “Resilience-Building Workshops” for men in Queensland
11:25-11:35	Andree Roberts, Marcus Mission , local teacher with lived experience
11:35-11:40	Dave Facer, Standby , afternoon “break out” workshops explained
11:40–12:40	Lunch BYO, (not provided) There are several cafes, food courts, club & take-away shops within a two (2) km radius, for a sit down or take-away lunch ☐, eg. Hinkler Central Shopping Centre, Southside Central Shopping Centre & Waves Sports Club.
12:40 – 4:00	<div style="display: flex;"> <div style="flex: 1;">  </div> <div style="flex: 2;"> <p>Workshops</p> <p>1/ Dave Facer, StandBy “What Do I Say? What Do I Do?” Postvention help for survivors and Friends.</p> <p>2/ Glen Wallwork: Supporting the Development of a Suicide prevention Safety Plan (for Community members & health Professionals)</p> <p>3/ Jon Morgan: Marcus Mission-Mentoring and resilience Workshop information for men</p> <p>4/ Jo Langford: “sharing the Care”-Lived experience group for anyone touched by Suicide</p> <p>5/ Roz Stygall workshop on how to access the Question Persuade Refer Suicide Prevention App</p> </div> </div>
4:00	Evaluations Thank-you and close